THE COLUMNS
ASSISTEDLIVING & MEMORY CARE

Holiday Gift Guide

Shopping for a elderly loved one this year? Think about what they reach for every day, the hobbies they enjoy, and the traditions they look forward to sharing.

A little everyday comfort

A softlap blanket in their favorite color
A cardigan with a zipper or easy closures
A personalized pillow or a favorite hand lotion

Family keepsakes

A photo calendar with family birthdays
A small album with names under each photo
A digital photo frame preloaded with pictures

For favorite pastimes

A large-print book, devotional, or crossword
Large-print playing cards or a puzzle
A collection of favorite songs or hymns

For life in memory care

A familiar playlist ready to play together
A picture book about a favorite hobby or hometown
A large-piece puzzle with a familiar image

Time together

Drive around to see Christmas lights
Come play cards or watch a favorite movie
Put a regular visit or call on the calendar

Small, personal gifts

A handwritten letter with a favorite memory
A drawing or ornament from the grandkids
A few stamped cards ready to send to friends

Gifts they'll actually use

- A salon or barber gift certificate
- A hometown newspaper subscription
- A lightweight robe or favorite socks
- An easy-grip mug
- Family recipe cards
- Food/snacks

Still stumped? Ask what they miss.

It might be Sunday lunch, a ride past their old house, or hearing the grandkids sing Christmas songs. Their answer might give you the best gift idea on the list.

Before you shop

Ask your community team about food gifts and heated items. Label clothing and blankets, and set up electronics before wrapping them.